

**\*\*\*DOCTOR'S LETTER HEAD\*\*\***

**LETTER OF MEDICAL NECESSITY: Varvimax™**

Date: \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_

Patient: \_\_\_\_\_

DOB: \_\_\_\_\_

Diagnosis: G89.2, G89.4

HCPCS: S9432, B9998

**Subject: Request for coverage/reimbursement Varvimax™ Medical Food**

To Whom It May Concern:

I am requesting insurance coverage and reimbursement for my patient, (Name) \_\_\_\_\_, (DOB as MM/DD/YYYY) \_\_\_\_\_, for whom I have prescribed the use of Varvimax™, a product indicated for chronic inflammation and chronic pain (ICD 10: G89.2, G89.4)

We are requesting authorization and coverage for Varvimax™ medical food/amino acids (HCPCS Codes: S9432, B9998) for (PATIENT FULL NAME) \_\_\_\_\_ who is diagnosed with chronic inflammation and chronic pain due to the underlying medical condition \_\_\_\_\_. Our patient requires strict dietary management to sustain his/her chronic pain management and health capacity.

Varvimax™ is a Medical Food for the dietary management of chronic pain, inflammation, fatigue, depression, and stress.

If our patient is untreated without the prescribed medical food and medical management, it could lead to serious health consequences. Chronic pain is a very complex and distressing health issue that significantly affects an individual's physical and mental wellbeing. Pain-related diseases and conditions are one of the main causes of disability This treatment is necessary to help aid in the alleviation of (patient name) \_\_\_\_\_ symptoms and prevent regression, including hospitalization.

This medical food and amino acids are one of the primary treatments for this disorder and is medically necessary for (patient name) care and treatment outcome.

(Patient Name) \_\_\_\_\_ is closely monitored by Dr. \_\_\_\_\_, MD and prescribed Varvimax™ (the medical food) (HCPCS Codes: S9432, B9998) to prevent and manage serious health consequences. Based on this patient's clinical history, and diagnosis of (medical condition/diagnosis) \_\_\_\_\_, I have determined Varvimax™ indicated above, in adjunct with my patient's current treatment of \_\_\_\_\_ is medically necessary. I am prescribing \_\_\_\_\_ capsules per day of the Varvimax™ which provides 1 capsule containing a proprietary blend of 746mg of natural bioflavonoids and amino acids per dose. 120 tablets per bottle.

Varvimax™ medical food and amino acids has been prescribed and is medically necessary as one of the optimal treatments for (Patient Name) \_\_\_\_\_. We believe the medical food would have a significant positive impact on this patient's health and overall wellbeing. This letter is being submitted to justify her/his need for insurance coverage for the Varvimax™ product along with supported clinical documents.

I appreciate your consideration of this request. Your authorization of this prescribed order will provide this patient with the treatment needed to improve his/her medical situation.

Sincerely,

(Signature required)

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Signature of prescribing MD, PA-C, ARNP Date

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Printed Name of prescribing MD, PA-C, ARNP

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Title

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Title – Center/Hospital/Institution/Practice

Enclosures: \_\_\_\_\_

*Note: Lanfam LLC. is providing this template to assist medical providers in communicating with insurance companies when a medical provider determines that Varvimax™ should be part of a patient's care. Lanfam LLC. does not evaluate individual patients and does not participate in the determination of what constitutes proper care. Health Care providers should evaluate each of their patients to determine the best treatment for the patient's condition, which may include prescribing Varvimax™.*

## **\*ATTACHMENTS\***

***The attached literature of Varvimax™ documents utility and importance of treating chronic inflammation and chronic pain. Including references.***

Varvimax™ is a medical food based on 100% natural ingredients. Thanks to its natural compounds such as Curcumin, Piperine, Choline Bitartrate, Matcha Green Tea extract, Asian Ginseng Root, L-Arginine, Devil's Claw root powder, 5-HTP, GABA, Bromelain, the ingredients in Varvimax™ are scientifically proven to alleviate pain, fatigue, and inflammation through modulating immune response without any side effects. Here will be described some of the most important effects of the Varvimax™ compounds.

Varvimax™ works by restoring and maintaining the equilibrium of neurotransmitters like GABA, nitric oxide, serotonin, and acetylcholine, which are linked to pain and inflammation. The stomach and small intestine absorb most of the amino acids in Varvimax™. The amino acids in Varvimax™ are metabolized by all cells. The generation of serotonin, nitric oxide, and acetylcholine is determined by the quantities of tryptophan, arginine, and choline in the blood. Cytochrome P450 1A2, 2C9, 2C19, 2D6, and 3A4 are not inhibited by Varvimax™, therefore Varvimax™ won't interact with medications. These isoenzymes are responsible for 95% of all drug detoxification, with CYP3A4 accounting for 50% of all drug detoxification.

Lanfam products are specifically designed to meet the nutritional needs of patients with chronic inflammatory arthritis. Varvimax™ targets inflammatory arthritis. Inflammatory arthritis refers to any type of arthritis where your body's immune system mistakenly attacks healthy tissue, causing inflammation. It often affects multiple joints at the same time, including those in the spine, hands, and feet. Inflammatory arthritis typically affects the joints. But it can also be systemic, with symptoms that affect other areas of the body—such as the skin or digestive system.

There are many types of chronic inflammatory arthritis, including:

1. Rheumatoid arthritis (RA): RA is one of the most common form of inflammatory arthritis. It typically affects joints in the hands, wrists, and knees.
2. Psoriatic arthritis (PsA): PsA is a chronic (long-lasting) form of arthritis that typically occurs in people with psoriasis—an autoimmune condition that speeds up the growth of skin cells. Roughly 30% of people with psoriasis develop PsA.
3. Ankylosing spondylitis (AS): AS is a chronic form of arthritis that causes inflammation of the spine and sacroiliac joints (where the spine connect with the pelvis). It can also affect the hips and knees.
4. Systemic lupus erythematosus (SLE): SLE is the most common type of lupus—up to 70% of people with lupus have it. SLE causes inflammation in multiple organs and

systems in the body. It can affect the heart, lungs, kidneys, and brain. Often referred to as simply "lupus."

5. Gout: Gout is the most common inflammatory arthritis in adults. Roughly 4% of adults in the U.S. have the condition. More than 50% of gout attacks start in the big toe. Gout attacks almost always occur at night without warning.

The composition of Lanfam's Varimax™ is made without gluten, dairy, soy, corn, and nuts. Lanfam products are formulated with organic supplements and a complete amino-acid profile, include organic ingredients and are fortified with evidence-based protein-free phytochemical extracts to support the body's ability to fight inflammation and oxidation.

Lanfam products are manufactured for Lanfam in USA and are ideally suited for patients with compromised immune systems caused by inflammatory arthritis.

## References

1. Mills, S., Nicolson, K. P., & Smith, B. H. (2019). Chronic pain: a review of its epidemiology and associated factors in population-based studies. *British journal of anaesthesia*, 123(2), e273–e283. <https://doi.org/10.1016/j.bja.2019.03.023>
2. Dragan, S., Șerban, M. C., Damian, G., Buleu, F., Valcovici, M., & Christodorescu, R. (2020). Dietary Patterns and Interventions to Alleviate Chronic Pain. *Nutrients*, 12(9), 2510. <https://doi.org/10.3390/nu12092510>